

**METHOD.**—Rub the potatoes through a sieve. Melt the butter in a pan, add the potatoes, make them hot, and season well. Add the chopped parsley, nutmeg and beaten yolk of egg. If too dry, add a little milk. Turn the mixture on to a plate to cool. Divide it into equal portions, flour the hands and make the mixture into balls, beat up the white of egg and brush the croquettes with it; then roll them in the breadcrumbs. Fry these croquettes in hot fat, drain well on soft paper. To dish:—Pile the croquettes neatly on a lace paper on a hot dish and garnish with fried parsley.

Mrs. R. Rambaut, Fern Lea, St. Clement's.



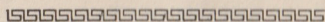
### Tomato and Green Pea Salad.

Ripe tomatoes.  
Thick mayonnaise dressing.  
Oil and vinegar.  
Salt and pepper.

Cooked green peas.  
Lettuce leaves.  
Whipped cream.

**METHOD.**—Cut a slice off some ripe tomatoes and scoop out the centres. Mix peas with equal quantities of dressing and cream. Season well with salt and pepper. Fill the tomato cases with this mixture and serve on young lettuce leaves that have been dressed with oil and vinegar.

V. Houillebecq, "Blairgowrie," Samarès.



## Household Hints



### Preventative.

To keep children from picking up sores and infection at school, use Izal daily for washing also for baths.

"Blue Bird."



### To clean Silver.

1 block Pynka (2d.)  
1 oz. lump ammonia.

$\frac{1}{2}$  pint methylated spirit.  
1 teacup boiling water.

**METHOD.**—Powder the pynka and pass through a sieve. Melt ammonia in boiling water keeping it covered while doing so. Then add spirits, and powdered Pynka.

A. A. Durell.



### To remove Tea Stains.

Glycerine is excellent for removing tea or coffee stains from linen. Pour it over the stained part, rub it well in, and wash in the usual way. The stains will quickly disappear.

E. L.



### To keep Parsley fresh.

The best way to keep parsley fresh is to put it in a bowl without water, cover with a plate, see that it is quite airtight. In this way it will keep fresh much longer than if put in water.

Miss Dorey, "La Garenne," Samarès.





**To loosen articles that have become fixed.**

If tumblers become fixed, tap gently around with another tumbler, and they will easily come apart.

If a glass stopper is fixed, tap round it with another.

If two iron screws, tap with piece of iron, and so on.

The rule is tap each article with one of similar kind.

**Miss Le Couteur, "Green Hill," Samarès.**

—o—

**To avoid the smell of Kippers.**

The smell of kippers can be avoided if before cooking the kippers are dipped into boiling water. Housewives may have noticed also that there is much less smell, if the cooking is done on the range, rather than on the gas cooker, for then the fumes go up the chimney. Put a flat lid on the frying pan, the kippers are then much juicier, and cook more quickly. Keep an old lid for the purpose.

**F. Gulliford, 8, Burrard Street, Jersey.**

—o—

**To make Toast.**

The proper way to make toast is to heat one side a little and then change over, and likewise heat the other side. Leave browning until the last. This allows the moisture to evaporate more effectually. Do not cut the bread for toast too thick.

**Mr. Woodcock, St. Helier.**

—o—

**For testing Mushrooms.**

When cooking mushrooms for safety's sake place a clean sixpence in the vessel in which they are being cooked. If the silver shows the least discolouration the mushrooms are unfit for use.

**Mrs. C. G. Moignard, Southsea.**

—o—

**To revive cut Flowers.**

Cut off half an inch from the bottom of each stem, and hold the stem in very hot water for a few seconds, then plunge it immediately into some cold water. The effect of this treatment is simply magical, for the flowers will almost immediately revive, and in an hour will look as if they had been freshly gathered.

**W. L. Jersey.**

—o—

**To remove Iron Mould.**

Squeeze a little lemon juice into the stain, and then rub salt into it. This done, hold the stained part over the spout of a kettle of fast boiling water, and the steam will then draw out the stain, leaving no mark whatever.

**Florrie Holden, 36, David Place, St. Helier.**

—o—

**Copper Kettles.**

Copper kettles should be cleaned with a cut lemon. Dip the lemon in salt before using it. Afterwards rinse well with cold water, and polish with a soft cloth.

**M. Holden, 36, David Place, St. Helier.**

—o—



**Tonic for Indoor Plants.**

Weak tea water applied once a week to all indoor plants is an excellent tonic.

**Mrs. F. Piquet, La Rocque.**

—0—

**To wash Crepe de Chine.**

When washing crepe de chine, use borax in the water. This removes the dirt more easily and preserves the gloss.

**A Friend of the Waifs.**

—0—

**When a Pan boils over.**

Often something will spill on the stove, and cause a disagreeable odour, and much smoke. Sprinkle some salt over the spilled substance and see how it will stop the smell and smoke.

**G. H., St. Helier.**

—0—

**Damp Room.**

When there is any suspicion of damp in rooms seldom used, place a block of camphor in each corner. In a week's time the camphor will have disappeared also all dampness. This simple expedient will answer when even huge fires have failed.

**E. E. H. Jersey.**

—0—

**Tea stains.**

If you are unfortunate enough to spill tea on a tablecloth get a kettle of boiling water as soon as possible. Place the stained part over a basin, and pour the boiling water through the stain until it disappears. This should be done while the tea is still wet. If the stain is dry it must be soaked in cold water before applying hot.

**Miss Eva Pasturel, Pontac.**

—0—

**To preserve Lemons.**

Put the lemons in a wire basket and hang in a cool place. In this way the lemons will keep almost indefinitely.

**Mrs. H. C. Labey, Grouville.**

—0—

**Kitchen Spice.**

4 ozs. white pepper.  
1 oz. mace.  
 $\frac{1}{2}$  oz. ginger.

1 oz. nutmegs.  
1 oz. cloves.  
 $\frac{1}{4}$  oz. cayenne pepper.

All to be pounded and ground very fine, and mixed together. Put in a bottle and cork firmly. Keep in a dry place.

**Mrs. G. P. Crill, "Eastwell," Samarès.**

—0—

**Floor Polish.**

To 1 pint methylated spirit, add 4 ozs. orange shellac. Shake thoroughly. Apply mixture to floor; need not be polished after.

**D. M.**

—0—

**Furniture Reviver.**

Mix together in a pint bottle, half a quartern each of paraffin methylated spirits, turpentine and vinegar. Shake well, applying with a soft rag. Rub well into the furniture and requires very little elbow grease.

**D. Noel, 12, Victoria Street, St. Helier.**

—0—



















**Indigestion Mixture.**

3d. rhubarb powder.                      3d. best essence of peppermint.  
1 tablespoon carbonate of soda.      1 tablespoon powdered ginger.  
A little over a pint of boiling water.

**METHOD.**—Mix rhubarb powder, and ginger to a thin smooth paste, pour boiling water over bi-carbonate of soda, add remainder of ingredients and bottle. Half a wine-glassful to be taken after meals.

**Miss L. D. Durell, 6, Woodville Avenue, St. Saviour's Road, St. Helier.**

—o—

**Remedy for Neuritis.**

1 oz. bi-carbonate of potash.              2 ozs. Epsom salts.  
1 pennyw'th Oil of peppermint.

**METHOD.**—Mix all well together. Take a small teaspoonful in a tumbler of hot water every morning until the pain ceases.

—o—

**Remedy for Neuritis and Rheumatism.**

1 pint methylated spirit with three blocks of camphor (or powdered camphor) scraped into it, and applied to the painful parts.

**Edith Abbott, "Whitley House," Norton, Malton, Yorks.**

—o—

**Celery for Rheumatism.**

Boil one ounce of celery seed in 1 pint of water till reduced to half a pint. Strain and bottle and cork carefully. Take 1 teaspoonful twice a day in a little water. Continue for a fortnight, stop, and try again later, if necessary. The celery seed may be purchased at any fairly large greengrocers or stores, and is certainly a very inexpensive and harmless remedy, which may be readily prepared at home.

**Miss W. Le Couteur, "Greenhill," Samarès.**







By  
Appointment.

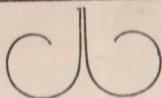
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